

Creative Movement, Fundamentals, and Combo

Each of these classes introduces spatial and body awareness, rhythm, coordination, and socialization skills that encourage creative expression and focus on imagination.

Creative Movement is for the youngest dancer. Students in this class receive not only an introduction to ballet but also to socializing in a class setting.

Fundamentals is a beginning study of ballet. This class is open to both dancers who have and have not taken ballet. Fundamentals builds the foundation and expand the knowledge of ballet vocabulary and movement.

Combo Includes all the elements of Fundamentals with the addition of beginning tap. Students learn the foundation and expand upon the vocabulary and movements of ballet and the technique and rhythms of tap.

DRESS CODE

All items are available for purchase in RAA's dance supply store.

New dance students receive a discount on first time purchase.

Creative Movement

Girls: pink leotard and pink tights
(ballet shoes are not required)
Ballet shoes dancers wear footed tights or no shoes/bare feet wear footless tights

Boys: white t-shirt and black shorts or leggings (ballet shoes are not required but are allowed)

Fundamentals

Girls: black leotard, pink footed tights, and ballet shoes **Boys:** white t-shirt, black shorts or leggings, and ballet shoes

Combo

Girls: black leotard, pink footed tights, and <u>ballet AND tap shoes</u>
Boys: white t-shirt, black shorts or leggings, and <u>ballet AND tap shoes</u>

Combo +

Girls: black leotard, pink footed tights, and <u>Jazz AND tap shoes</u>
Boys: white t-shirt, black shorts or leggings, and <u>Jazz AND tap shoes</u>



Pre-Ballet, Pre-Jazz, Pre-Tap

Pre-" classes continue or begin to build the foundations of dance.

Pre-Ballet is a core curriculum class and valuable in the training of any dance student. Students will learn and practice proper ballet techniques and vocabulary with emphasis on alignment, strength, flexibility, coordination, musicality, and artistic expression.

Pre-Jazz blends traditional jazz with current jazz styles. This class focuses on jazz basics like body isolations, rhythmic development, and artistic style.

Pre-Tap focuses on identifying, utilizing, and demonstrating basic tap terminology and movements. Students will learn the foundation rhythms and techniques of tap.

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Pre-Ballet

Girls: black leotard, pink footed tights, and ballet shoes

Boys: white t-shirt, black shorts/leggings/tights, and ballet shoes

Pre-Jazz

Girls: black leotard, black leggings, pink or black tights, and jazz shoes

Boys: white t-shirt, black shorts or leggings, and jazz shoes

Pre-Tap

Girls: black leotard, black leggings, pink or black tights, and tap shoes

Boys: white t-shirt, black shorts, or leggings, and tap shoes



Essentials Ballet, Essentials Jazz, Essentials Tap

Essentials classes continue or begin to build the foundations of dance. Combinations & curriculum become more technically challenging and in-depth.

Essentials Ballet is a core curriculum class and is valuable in the training of any dance student. Students will learn and practice proper ballet techniques and vocabulary with emphasis on alignment, strength, flexibility, coordination, musicality, and artistic expression.

Essentials Jazz is open to beginning jazz students and also continuing students. It blends traditional jazz with current jazz styles, while focusing on jazz basics like body isolations, rhythmic development, and artistic style, and expanding choreography and across the floor technique.

Essentials Tap is open to beginning tap students and continuing students. It focuses on identifying, utilizing, and demonstrating tap terminology and movements. Students will learn foundational rhythms and technique while adding more complex sounds and terminology.

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Essentials Ballet

Girls: black leotard, pink footed tights, and ballet shoes

Boys: white t-shirt, black shorts/leggings/tights, and ballet shoes

Essentials Jazz

Girls: black leotard, black leggings, pink or black tights, and jazz shoes

Boys: white t-shirt, black shorts or leggings, and jazz shoes

Essentials Tap

Girls: black leotard, black leggings, pink or black tights, and tap shoes

Boys: white t-shirt, black shorts or leggings, and tap shoes



Modern, Lyrical, Adult Ballet, Adult Tap

Modern expands advanced dancers' range of motion. Dancers will experiment and explore movement with choreography. Classes are based on a variety of techniques including Horton and Graham.

Lyrical combines ballet and jazz techniques and is typically performed to music with lyrics to inspire expressions of strong emotions.

Adult Ballet and **Adult Tap** are open to dancers 18 and older. These classes do not require previous dance experience and welcome all skill levels.

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Modern

Girls: leotard and shorts (mid-length to long)/leggings/black tights

Boys: t-shirt and shorts or pants

Lyrical

Girls: black leotard, tights, leggings, and ballet shoes

Adult Ballet

Athletic wear and ballet shoes

Although anyone is welcome to wear traditional ballet attire, we do not require it.

Adult Tap

Athletic wear and tap shoes

(avoid loose, long pants)



Levels 1, 2, 3, 4

Classes in Levels 1-4 add to the level of intensity of dancers' abilities and technique. These classes increase in intensity and expectations as the number increases.

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Ballet

Girls: black leotard, pink footed tights, and ballet shoes

Boys: white t-shirt, black shorts/leggings/tights, and ballet shoes

Jazz

Girls: black leotard, black leggings, pink or black tights, and jazz shoes

Boys: white t-shirt, black shorts or leggings, and jazz shoes

Tap

Girls: black leotard, black leggings, pink or black tights, and tap shoes

Boys: white t-shirt, black shorts or leggings, and tap shoes

Modern

Girls: leotard and shorts (mid-length to long)/leggings/black tights

Boys: t-shirt and shorts or pants

Lyrical

Girls: black leotard, tights, leggings, and ballet shoes